



Join the Charles County Happy Teacher Revolution!

Take time to focus on YOU!

A FREE support program for teachers to improve mental health, reduce stress, and prevent burnout!

Program starts November 4: Virtual or in-Person... You Choose!

Register here:

<https://forms.office.com/Pages/ResponsePage.aspx?id=fts6jik6w0CD3e0PwztGwxet4-6jkq5Fn4LPLTugpK9UNlIxNU5FSk0wTDRQOFJGQURLQ0ZCQlIQSS4u>



For more information:

<https://youtu.be/U5PfFgGmSEE>

